

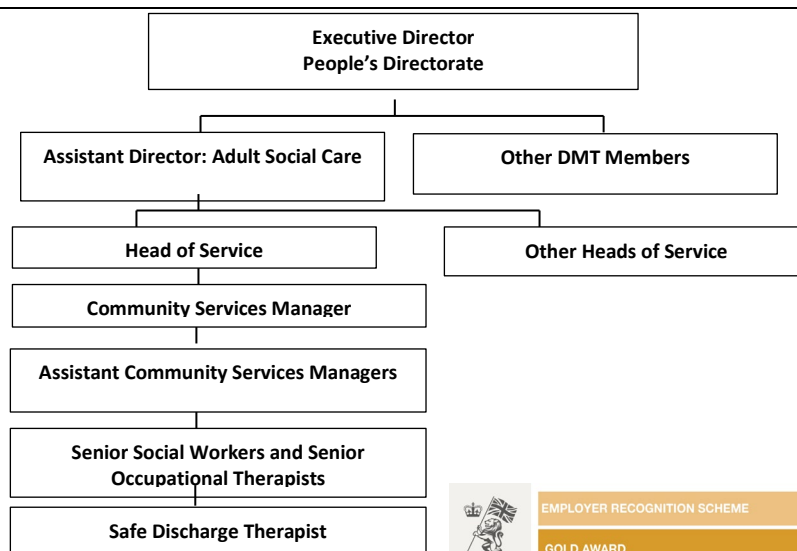
Job description

Job Title:	Safe Discharge Therapist – Hospital team		
Directorate:	People	Salary:	£45,091 £47,181 per year plus £729 London Weighting
Section:	Adult Social Care	Grade:	BG-F (SCP 34 – 36)
Location:	Time Square	Work Style:	Flexible

Key Objectives of the role

- Undertake holistic functional assessments after restarts of care packages, including return to existing packages at home or re-entry into care home placements after discharge from hospital to ensure there is no change in need and established care provision are still meeting the needs after a period of acute admissions.
- Complete detailed moving and handling assessments, ensuring risks are identified and mitigated to prevent any readmissions.
- Assess activities of daily living (ADLs) and functional abilities to determine safe levels of independence and support required.
- Support and facilitate Home First approaches, prioritising return to home wherever safe and appropriate.

Designation of post and position within departmental structure



Daily and monthly responsibilities

- Undertake holistic functional assessments after restarts of care packages, including return to existing packages at home or re-entry into care home placements after discharge from hospital to ensure there is no change in need and established care provision are still meeting the needs after a period of acute admissions.
- Complete detailed moving and handling assessments, ensuring risks are identified and mitigated to prevent any readmissions.
- Assess activities of daily living (ADLs) and functional abilities to determine safe levels of independence and support required.
- Support and facilitate Home First approaches, prioritising return to home wherever safe and appropriate.
- Identify when a temporary increase in care, reablement, or rehabilitation provision is required to support recovery.
- Recognise and respond to situations where there has been a change in baseline functional ability, triggering an unscheduled review of care and support needs.
- Contribute to care and support planning in line with Care Act 2014 principles, promoting wellbeing, independence and less restrictive options.
- Work collaboratively with early intervention and prevention services to support recovery-focused interventions.

Scope of role

The Safe Discharge Therapist will play a key role in supporting safe, timely and person-centred discharges from hospital, with a primary focus on restarts of care and support following an acute hospital admission.

The role will involve functional assessment, moving and handling review and activities of daily living (ADL) assessment to ensure discharge arrangements are safe and appropriate.

This includes restart of care packages at home, restart to care home settings, and Home First interventions to maximise independence and enable a return to home from hospital or interim placements wherever possible.

The postholder will work within the Hospital Discharge Team while maintaining a broad remit across Adult Social Care, including close working relationships with Community Mental Health Teams, Learning Disability Teams, Early intervention and prevention services and adult community teams.

Commitment to the Council's Equal Opportunities policy at all times.

Commitment to working within the bounds of the Data Protection Act and GDPR legislation at all times.

Such other duties as may from time to time be necessary, compatible with the nature of the post. It should be noted that the above list of main duties and responsibilities is not necessarily a complete statement of the final duties of the post. It is intended to give an overall view of the position and should be taken as guidance only.

Person specification

KEY CRITERIA	ESSENTIAL	DESIRABLE
Skills and qualifications	- Professional qualification as an Occupational Therapist or Chartered Physiotherapist, with current HCPC registration. - Strong understanding of social care systems and hospital discharge pathways. - Knowledge and application of: - Care Act 2014 - Mental Capacity Act 2005 - Reablement and rehabilitation models - Safeguarding principles and procedures - Experience of functional assessment, moving and handling, and ADL assessment in hospital or community settings. - Excellent communication skills, with the ability to engage effectively with individuals, families and professionals across services.	- Experience working within integrated health and social care teams. - Knowledge of Home First models. - Experience working across a range of adult client groups including mental health and learning disabilities.
Competence Summary (Knowledge, abilities, skills, experience)	Understanding of and commitment to the requirements of safeguarding children, young people, vulnerable adults and promoting their welfare.	

Work-related Personal Requirements	The post holder must hold a full UK driving licence (or valid equivalent). Non-UK licences must be converted to UK licences in the first six months of employment.
Other Work Requirements	A satisfactory enhanced Disclosure and Barring Service check. This role has been identified as public facing in accordance with Part 7 of the Immigration Act 2016; the requirement to fulfil all spoken aspects of the role with confidence in English applies This post is exempt from the Rehabilitation of Offenders Act 1974 Anything that is applicable to the role that is out of the norm.
Role models and demonstrates the Council's values and behaviours	Our values define who we are. They outline what is important to us. They influence the way we work with each other – and the way we serve our residents and engage with our communities. We make our values real by demonstrating them in how we behave every day.

All staff should hold a duty and commitment to observing the Council's Equality & Dignity at Work policy at all times. Duties must be carried out in accordance with relevant Equality & Diversity legislation and Council policies/procedures.