

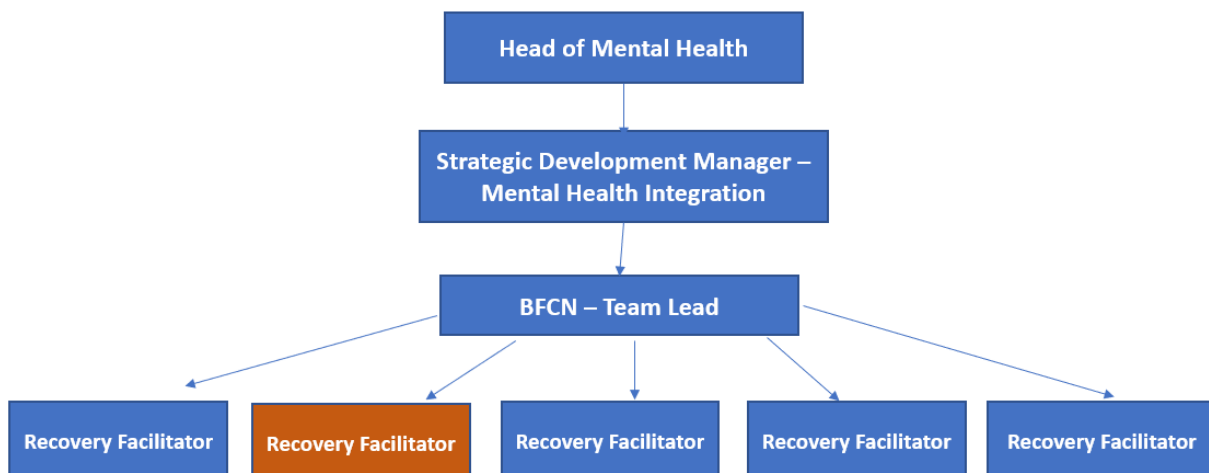
## JOB DESCRIPTION

<b>Job Title:</b>	Mental Health Recovery Facilitator		
<b>Directorate:</b>	People	<b>Salary:</b>	£29,455-£34,676 inclusive of £689 London Weighting & £963 Essential Car User allowances
<b>Section:</b>	Mental Health & Out of Hours	<b>Grade:</b>	BG-H (SCP 15-24)
<b>Location:</b>	Church Hill House, Time Square & remote work	<b>Work Style:</b>	Fixed

### Key Objectives of the role

- To support people in their mental health recovery journey to gain independence and prevent episodes of mental ill health that warrant secondary care intervention, by connecting people to resources in their community with the voluntary and community sector, mainstream services and primary and social care.
- To form part of an asset-based approach to mental health recovery which focuses on people's strengths and abilities.
- To work together as a team to ensure Bracknell Forest residents are socially connected, understand their mental health, solve problems, develop confidence and life skills so they can live as independently as possible.

### Designation of post and position within departmental structure



---

### Daily and monthly responsibilities

- To provide initial contact to arrange a face-to-face meeting with each allocated client where they feel comfortable in the community.
- To support people identify and build on their strengths, interests and abilities by empowering individuals, building rapport and promoting self-care.
- To help people identify, plan and work towards desired outcomes and aspirations. To provide information, advice and signposting to relevant community assets and where necessary make introductions to organisers.
- To participate and represent BFCN in multi-agency meetings and events to increase introductions and promote the service to other professionals.
- To plan, coordinate and facilitate group sessions for clients.
- Encouraging and empowering clients to self-manage their mental health and coach with techniques to help manage future challenges and promote resilience.
- Act as a link between primary and secondary mental health services, social care and those in the voluntary and community sector.
- To record and report accurate and reliable data to ensure that the decision-making processes are based on the highest quality data in accordance with the Council's Data Quality Statement.

### Scope of role

- Working collaboratively with other recovery support services.
- Support management to develop the network, including identifying partnerships with key referral agencies, local partners and stakeholders.
- Set up and facilitate events around awareness campaigns e.g., World Mental Health Day.
- Always working with Bracknell Forest Council and Berkshire Healthcare NHS Foundation Trust policies, procedures and local protocols.
- The post-holder is not required to manage a budget but must be mindful of costings when organising events and groups.
- The post-holder does not have line management responsibilities.
- Commitment to the Council's Equal Opportunities policy at all times.
- Commitment to working within the bounds of the Data Protection Act and GDPR legislation at all times
- Such other duties as may from time to time be necessary, compatible with the nature of the post. It should be noted that the above list of main duties and responsibilities is not

## PERSON SPECIFICATION

KEY CRITERIA	ESSENTIAL	DESIRABLE
<b>Skills and qualifications</b>	<p>Good level of education.</p> <p>Mental Health Training including Mental Health First Aid, Suicide Prevention, Awareness modules.</p>	<p>Higher level education with related subject.</p> <p>Motivational Interviewing Training.</p>
<b>Competence Summary</b> (Knowledge, abilities, skills, experience)	<p>Experience and understanding of mental ill health.</p> <p>Experience of working in a health, social care or education setting.</p> <p>Excellent interpersonal skills, with ability to listen, empathise and be respectful.</p> <p>Experience working within a team.</p> <p>Experience facilitating groups.</p> <p>Knowledge of local community and voluntary sector resources.</p> <p>Excellent written and verbal communication, IT literacy including managing databases.</p> <p>Ability to work collaboratively with stakeholders and build positive relationships with partner organisations.</p> <p>Ability to use problem-solving and creative approaches in everyday situations.</p> <p>Awareness of role of Adult Social Care and Community Mental Health Teams.</p> <p>Have a clear understanding of people's right to choose.</p> <p>Ability to help people understand their strengths.</p>	<p>Experience working with carers.</p> <p>Awareness of asset-based community development and restorative approaches.</p> <p>Knowledge of welfare and housing benefits.</p> <p>Experience of health care systems such as RiO, LAS or client databases.</p>

	<p>Ability to work unsupervised in a range of community settings.</p> <p>Ability to manage time in the working day and ensure tasks are completed in a timely fashion.</p> <p>Commitment to co-production.</p> <p>Understanding of and commitment to the requirements of safeguarding children, young people, vulnerable adults and promoting their welfare.</p>
<b>Work-related Personal Requirements</b>	<p>The post holder must hold a full UK driving licence (or valid equivalent). Non-UK licences must be converted to UK licences in the first six months of employment.</p> <p>Ability to work with people from a range of different backgrounds and have a non-discriminatory attitude.</p>
<b>Other Work Requirements</b>	<p>A satisfactory enhanced Disclosure and Barring Service check.</p> <p>The ability to converse easily with members of the public and respond effectively to questions in spoken English.</p> <p>This post is exempt from the Rehabilitation of Offenders Act 1974</p> <p>Ability to travel independently within the community.</p> <p>Able to commit to flexible work patterns, including occasional evenings and weekends.</p>
<b>Role models and demonstrates the Council's values and behaviours</b>	<p>Our values define who we are. They outline what is important to us. They influence the way we work with each other – and the way we serve our residents and engage with our communities.</p> <p>We make our values real by demonstrating them in how we behave every day.</p>

**All staff should hold a duty and commitment to observing the Council's Equality & Dignity at Work policy at all times. Duties must be carried out in accordance with relevant Equality & Diversity legislation and Council policies/procedures.**

