

JOB DESCRIPTION

Job Title:	Mental Health Recovery Facilitator		
Directorate:	People	Salary:	£29,455 - £34,676 inclusive of LWA & ECU allowance
Section:	Mental Health and Out of Hours	Grade:	BG-H (SCP 15 – 24)
Location:	Church Hill House	Work Style:	Flexible

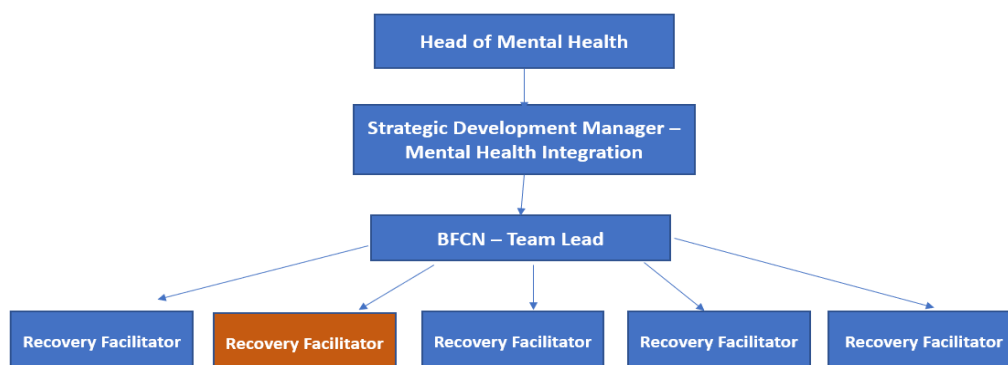
Key Objectives of the role

To support people in their mental health recovery journey to gain independence and help prevent episodes of mental ill health that warrant secondary care by connecting people to resources in their community and helping them to identify and build their own support networks.

The role is an important part of an asset-based approach to mental health recovery and prevention in Bracknell Forest, which focuses on people's strengths and abilities rather than deficits and needs. The approach is based around a network of resources within the community that brings together the voluntary and community sector, peer mentors and groups, mainstream services, primary care and social care.

Recovery Facilitators will work together with the network and other similar recovery services to link people into their local communities to help them remain socially connected, better understand their mental health, solve problems, develop their confidence, life skills and resilience so they can live as independently as possible with a reduced likelihood of needing secondary mental health support in the future. As part of recovery and prevention work, the approach will also focus on quality of life, including physical health, financial security, housing, and vocational activity.

Designation of post and position within departmental structure



Daily and monthly responsibilities

To support people during their mental health recovery journey towards independence and help develop the asset-based approach to mental health recovery in Bracknell Forest.

Duties and responsibilities include:

- Provide an initial phone call to arrange a face-to-face meeting with each client who is referred to the Recovery Facilitator to establish the persons interests and motivations and build rapport.
 - Support people identify and build on their strengths, interests, and abilities; tailoring the amount and level of support provided in a way that empowers individuals and promotes self-care.
 - Helping people identify, plan and work towards their desired outcomes and aspirations. Provide information, advice and signposting to relevant community groups and where necessary makes personal introductions to organisers.
 - Helping people identify their current personal support networks and support them with finding ways to strengthen and expand these to support independence.
 - Exploring and planning support options creatively and proactively with clients.
 - To participate and represent the Network in CMHT and multi-agency meetings and to increase introductions and to promote the Network to multi-disciplinary professionals.
 - Linking people to community-based resources that help them remain socially connected, better understand their mental health, solve problems, and develop their confidence and life skills.
 - Using means such as the iHub and the Community map to identify local assets and resources available in the community with information and mainstream options to support people.
 - Providing information, advice, signposting, and practical support, to introduce clients to groups, activities and resources, if required.
 - Encouraging and empowering people to self-manage their mental health and develop personal techniques to help manage future challenges and increase their resilience.
 - Act as a link between secondary mental health services and other partners, including those in the voluntary/community sector.
 - The postholder will be responsible for collecting, recording and reporting accurate and reliable data to ensure that decision-making processes are based on the highest quality data in accordance with the Council's Data Quality Statement.
 - Carry out Network Risk Assessments for supported individuals.
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Scope of role

- The postholder will also ensure that sensitive and personal data is handled in accordance with data protection legislation and Council policy.
- Working collaboratively with other recovery support services and facilitate peer groups and networks.
- Support management to develop the network, including identifying and developing partnerships with key referral agencies, local partners and stakeholders and community and voluntary organisations.
- Work in partnership with partner agencies to set up and run events targeting mental health awareness campaigns.
- Set up and facilitate wellbeing groups, workshops for clients in the community.
- Participate in training, meetings and supervision as required.
- Helping promote a positive view of mental health recovery and the rights of people with mental ill health.
- Working with Management and partners to encourage local organisations and venues to be more mental wellbeing aware/friendly.
- Always working within Bracknell Forest Council and Berkshire Healthcare NHS Foundation Trust policies, procedures, and local protocols.

Such other duties as may from time to time be necessary, compatible with the nature of the post. It should be noted that the above list of main duties and responsibilities is not an exhaustive list of the final duties of the post. It is intended to give an overall view of the position and should be taken as guidance only.

This job requires a high level of community focus and community-based working as it requires the post holder to assist people to access, use and develop community assets.

Key working relationships

- Community Mental Health Team – Berkshire NHS Foundation Trust
- Residents of Bracknell Forest
- Colleagues in Adult Social Care and CCG, Public Health and Mental Health Service Providers

Budgetary/Resource Control

- The postholder is not required to manage a budget.
 - The postholder does not have line management responsibilities.
 - Commitment to the Council's Equal Opportunities policy at all times.
 - Commitment to working within the bounds of the Data Protection Act and GDPR legislation at all times.
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Responsibilities will be reviewed periodically in line with service priorities and duties may change or new duties be introduced after consultation with the post holder.

Commitment to the Council's Equal Opportunities policy at all times

Commitment to working within the bounds of the Data Protection Act and GDPR legislation at all times

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PERSON SPECIFICATION

KEY CRITERIA	ESSENTIAL	DESIRABLE
Skills and qualifications	<p>Good level of education.</p> <p>NVQ in Health and Social Care or willingness to undertake NVQ training or equivalent.</p>	<p>Specific mental health training, e.g., Mental Health First Aid.</p>
Competence Summary (Knowledge, abilities, skills, experience)	<p>Experience and understanding of mental ill health.</p> <p>Excellent interpersonal skills, with the ability to listen, empathise and be supportive, patient and respectful.</p> <p>Experience of working within a team and knowledge of the local community and voluntary sector and the range of resources available.</p> <p>Good written and verbal communication and I.T literacy including managing databases.</p> <p>Ability to work cooperatively and collaboratively with internal and external stakeholders and as part of a project team, and work with and build positive relationships with partner organisations.</p> <p>Ability to use problem-solving and creative approaches in everyday situations whilst not imposing solutions.</p> <p>An awareness of needs of people supported by Adult Social Care and people with mental health needs.</p> <p>Ability to provide practical support.</p> <p>Have a clear understanding of a person's right to choose.</p> <p>Ability to help people understand their strengths and</p>	<p>Experience of working in a health, social care or multi-disciplinary team setting.</p> <p>Experience of working with carers.</p> <p>Awareness of asset-based community development and restorative approaches.</p> <p>Knowledge of welfare and housing benefits.</p> <p>Experience of peer support groups or networks.</p> <p>Experience of RiO, LAS or similar client databases.</p>

aspirations and motivate them to make plans and set goals.

Ability to work unsupervised in a range of community settings.

Ability to work on own initiative, plan and organise own workload, recognising when to seek advice.

Commitment to co-production and an asset and strengths-based approach.

An awareness of and commitment to adherence to confidentiality, data protection and equal opportunities.

**Work-related
Personal
Requirements**

Ability to engage, inspire, encourage and empower others.

Accuracy, attention to detail and methodical approach where appropriate.

Proactive, highly self-motivated with good organisational skills.

Willing to respond to requests, open to new ideas, change and being innovative.

Ability to communicate effectively with people from different backgrounds and celebrate and work with diversity/have a non-discriminatory attitude.

Understanding of and commitment to the requirements of safeguarding children, young people, vulnerable adults and promoting their welfare.

The post holder must hold a full UK driving licence (or valid equivalent). Non-UK licences must be converted to UK licences in the first six months of employment

Other Work Requirements	<p>A satisfactory enhanced Disclosure and Barring Service check.</p> <p>The ability to converse easily with members of the public and respond effectively to questions in spoken English.</p> <p>This post is exempt from the Rehabilitation of Offenders Act 1974</p> <p>Able to travel independently within the community.</p> <p>Able to commit to flexible working patterns.</p>
Role models and demonstrates the Council's values and behaviours	<p>Our values define who we are. They outline what is important to us. They influence the way we work with each other – and the way we serve our residents and engage with our communities.</p> <p>We make our values real by demonstrating them in how we behave every day.</p>

All staff should hold a duty and commitment to observing the Council's Equality & Dignity at Work policy at all times. Duties must be carried out in accordance with relevant Equality & Diversity legislation and Council policies/procedures.

